

Martial Arts Teaching Experience (in brief)

- Practical Street Self-Defense (group classes and seminars) at American Tiger Karate Academy in Elk Grove Village – empty hand and weapons defenses (8/2016 through the present)
- Self-Defense Instructor for 3 week course for University of Chicago's Summer Institute for Gifted Students (for students ages 9 to 17) (Summer 2016)
- Since 2012, providing self-defense seminars to numerous groups, corporations and individuals

Martial Arts Training

- Kenpo Karate
 - Studied under John McSweeney, 10th Degree Black Belt – for 4+ years
 - Studied under Tom Saviano, 10th Degree Black Belt – for 4+ years
 - Studied under Steve Rigitano, 8th Degree Black Belt – for 3+ years
- Krav Maga
 - Studied under Sue Garstki, Expert Level Krav Maga instructor – for 3 years
 - with a strong focus on defenses against clubs, guns and knives
- Kali/Escrima
 - Studied under Scott Gave (3rd Degree Black Belt) – for 2.5 years
 - Studied under Randy Siordia (23 years training in Kali/Escrima and JKD) – for 1.5 years
- Hapkido
 - 1st Degree Black Belt under Grand Master JP Wood (9th Degree Black Belt) at JP Wood

Martial Arts

- Certified OC Spray Instructor under Thomas J. Archambault/Use of Force Training, Inc.

Additional martial arts experience

- Training in Martial Blade Concepts' taught by Michael Janich and Keith Jennings, including 2018 Martial Blade Camp and Seminars
 - Currently listed as an authorized MBC Study Group Leader in Chicago
- Training in Aikido and Karate in Japan and U.S., Western Boxing, Jeet Kune Do, Wing Chun, Muay Thai, and Kendo

Licenses

- Illinois Licensed Security Guard - PERC License #1293432615, armed certification 230137722
- Texas Licensed Security Guard and Personal Protection Officer – Reg#00688222
- Valid FOID and Concealed Carry in Illinois

